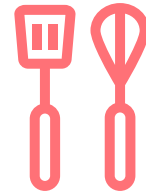


SUMMER

• SAMPLE MENU •



• MONDAY •

MORNING TEA: RAISIN TOAST

LUNCH: HOMEMADE SAUSAGE ROLLS WITH
CUCUMBER & TOMATO

AFTERNOON TEA: CREAM CHEESE RICE CAKES & FRESH FRUIT

• TUESDAY •

MORNING TEA: CHEESE TOAST

LUNCH: VEGETARIAN FRIED RICE

AFTERNOON TEA: APPLE & CINNAMON LOAF

• WEDNESDAY •

MORNING TEA: YOGHURT & FRESH FRUIT

LUNCH: CHICKEN SCHNITZEL WRAP

AFTERNOON TEA: MINI CHEESE & VEGETABLE MUFFINS

• THURSDAY •

MORNING TEA: CEREAL & SLICED BANANA

LUNCH: TUNA & VEGETABLE MORNAY

AFTERNOON TEA: VEGGIE STICKS, CHEESE & CRACKERS

• FRIDAY •

MORNING TEA: FRESH FRUIT & CHEESE PLATTER

LUNCH: BEEF & VEGETABLE CURRY WITH RICE

AFTERNOON TEA: CARROT CAKE PORRIDGE BARS

- Allergies are taken into account and alternatives are offered to suit individual needs
- Babies meals are catered for according to their individual requirements
 - Food is available between meals if required
 - Water is available and offered to children throughout the day
 - Milk is offered upon children's request at morning or afternoon tea